

TAKING A FENO TEST

What is a FeNO test?

FeNO stands for fractional exhaled nitric oxide. Nitric oxide (NO) is a small molecule produced in your lungs. When your lungs are inflamed (for instance, if you have asthma), they can produce more NO. Your FeNO score will help your doctor to understand the level of inflammation in your lungs.

Is taking a FeNO test easy?

YES! Performing the test is like gently blowing bubbles in a drink. Almost everyone can do it, including children from the age of seven and patients with reduced lung function. The test itself takes 10 seconds for adults and 6 seconds for children. The device will show your FeNO score in about a minute.

What do I need to do before a test?

You should not eat, drink, smoke or do any strenuous exercise 2 hours before your test. These factors may influence your FeNO score. Inaccurate FeNO scores can lead to incorrect treatment decisions.

A SIMPLE GUIDE

